Friendly

Welcome you







to join us for our

'FEEL GOOD FRIDAYS'

1st and 3rd Friday at East Kirkby Village Hall, PE234BY

7th and 21st November 5th and 19th December 2nd and 16th January

More dates available dependant on popularity and funding

Please drop in between 10am and 12pm for refreshments, chat, crafts, card games, crib and more

But donations welcome

2nd and 4th Friday at Stickford Community Centre, PE228ES

10th and 24th October 14th and 28th November 12th December 9th and 23rd January 13th and 27th February

> 13th and 27th March 10th and 24th April

8th and 22nd May 12th and 26th June

10th and 24th July

14th and 28th August

11th and 25th September

Contact: friendlyfaces2025@hotmail.com

Kindly supported by: Spilsby & District Wellbeing Hub and Lincolnshire Co-op



